

# Impacts of vaping on youth in the Leduc region

Since the emergence of e-cigarettes and vaping over the past decade, there has been a drastic increase in youth participating in these activities. Recently, health concerns regarding vaping have been prevalent in the news and social media. The question then arises: do I have the right information about vaping?

## **Join us for a session on the impacts of vaping and learn about:**

- an overview of e-cigarettes and vaping
- the impacts e-cigarettes and vaping can have on youth
- how we can support those we care about to make healthy choices

We invite community members to join us in this discussion. Our goal is to provide helpful and supportive information that will help you navigate these questions and discussions in your work, community and home.

**Date:** Tuesday, Feb. 11

**Time:** 7 to 9 p.m.

**Location:** Maclab Centre, 4308 50 St., Leduc

Pre-registration is not required. This is a free session and everyone is welcome to attend. For more information, please contact Sara at **780-955-6424**.

